LIVELIHOOD IN SILWA

It is not claimed that these figures are anything but approximate, but they at least bring out the proportionate amount of work and show clearly the labour that can be undertaken by children in this agrarian community. They reveal that a 13-year-old boy can contribute to almost two-thirds of the actual labour in the cultivation of the land (his solo contribution for the winter crop being 440 hours out of 720; and 536 hours out of 888 hours for the summer crop).

One can assess from the approximate figures the paramount importance of children as a non-salaried essential in the labour-force, especially in a community where hired labour is extremely difficult to get. Moreover, it is not difficult to appreciate the maxim that an early son is of great service. It is a part of filial piety for a son to be expected to perform all that is within his capacity to relieve his father.[1] Thus from the economic point of view, a child's process of growing up connotes his father's gradual relinquishing of all the farm tasks he has been carrying out hitherto. One of the ideals of family life is for the children to do the things their parents have been doing before, as he who resembles his father has committed no injustice. This criterion is one of the elements involved in describing a boy or a girl as 'muaddab' or 'muaddabah'—disciplined. If the father has grown-up children to rely upon for work, this would certainly enhance his social prestige, being able through more leisure to participate fully in the social events, mediations and informal gatherings as he can afford the time for them.

Children are thus considered to be leisure-giving to their parents; since a leisurely father is one who is not hard-pressed by work and usually designated as 'sheikh arab'. Yet sons sometimes resent the excessive indulgence of their fathers in this privilege, when they feel that they themselves are overworked, or when incited by their in-laws or 'pals' that they are working like a donkey while father is acting like 'a great arab sheikh, enjoying the shade and the councils'. In some cases, this might lead to son and father friction, which might result in the former quitting the village.

A few people in the village have land, but no sons. In connection with this, Ali remarked that this is one of the ways in which God tested his creatures, by not letting them have both land and sons. Such people have to get permanent hired labour for the cultivation of their land; and these are euphemistically dubbed 'participants'. The owner provides the animals, implements, and seeds for work, while the participants provide the labour, receiving in return a quarter of the crop. Sometimes a part of the land is let to a person, the owner having nothing to do with it, but receiving one-third, or sometimes one-half, of the total crop besides paying the tax.

The economic contribution of boys applies equally to girls in connection with the household work. Girls are expected to co-operate with mothers in domestic tasks, and, as they grow older, to be increasingly able to relieve their mothers so that the latter can widen their social activities and

[1] See in this connection children's statements in the *Moral Ideology Test*, Appendix IX.

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enjoy the pleasure and prestige of 'mothers of children'. Thus in the same way, the girl, in relation to her mother, is not only considered as an economic asset but a means for getting more leisure and freedom from the pressure of work.

It is appropriate here to state the various activities which both boys and girls are expected to perform. Age and physical fitness determine the various tasks allotted to them.

In the case of boys, farm work is divided into three main categories, according to their ability to perform those duties independently. In the first stage, from seven to ten years, the boy is called 'hawwal', meaning that he can direct the water into the farm sections and is able to regulate by himself the process of irrigation. Twenty years ago, when the village was under basin irrigation, boys who used to attend to the turning of the water-wheel were called 'jaizar', but as there are very few water-wheels nowadays, this word is not commonly used in connection with this stage. Compulsory schooling for those who cannot evade it has made this job a part-time one.

From the age of twelve or thirteen boys are expected to undertake the conveying of fertilizer from the hills, and they are called at this stage 'marraga'—the bringers of 'marog'. They are trained by the age group that is immediately above them. A boy on his first 'hill ascent' to get the 'marog' must give the older boys with whom he is to be associated a present of wheat, bread and dates. If he does not fulfil this obligation, they usually, on their arrival at the 'marog' spot, undo the camel's reins and put them round the boy's face and neck, returning the camel empty to the boy's field. After fulfilling his obligation, they take him with them, and help him to learn the techniques of loading the camel and discovering the best kind of 'marog'.

At this stage also a boy starts tackling the 'shadoof' or as more commonly called in this district the 'ood'. If he can manipulate this instrument properly the boy is called 'awwad'. It is well established that a 'marrag' or an 'awwad' is almost synonymous to a good eater, and his request for food and the increase of frequency of meals and their quantity are usually complied with, as a recognition of his tangible economic contribution.

The third stage sets in by the appearance of the first traces of the boy's moustache, when he becomes a fully-fledged farmer, 'nabbar' or a 'fellah', from the age of seventeen onwards. The hallmark of this stage is for the boy to be allowed to sow the seeds, and to distribute fertilizer on the farm, as these are supposed to be the most skilful tasks in agriculture.

These three economic stages coincide almost with the three categories of the social grouping in the village, namely the group of youngsters, adolescents or non-married men, and fully-fledged men. One of the important qualifications for a grown-up marriageable youth is his ability to perform the various stages of cultivation, graduating, as it were, by becoming a competent farmer, able to sow the seeds and distribute the fertilizer.

LIVELIHOOD IN SILWA

FROM SIXTEEN ONWARDS

[Boys]

Beginning of responsibility with use of implements, e.g. plough, jarrafa, hoe, etc. . . .

Responsibility in sowing, thinning out plants, and fertilizer distribution.

Making 'maktafs', mats, panniers by plaiting palm leaves and sewing the plaits in the required shape.

[Girls]

All kinds of previously mentioned domestic work.

Complete seclusion, whether married or not.

A concrete example of a sixteen-year-old boy's day of work, who has no brothers, is given in the following account:

'I am overworked, because there are no other "hands" to help me and my father in working on our land. I spend practically no time at home during the day as I am busy now fetching the fertilizer and have to rise at the crack of dawn, when the "muazzin" calls "Prayers are better than sleep". My mother packs bread and dates, and sometimes eggs, in a handkerchief for my breakfast on the way to the hills. I am then ready with my camel, either to call on my neighbours or to be called on by them for the "fajriah"—the dawn load. On our way to the hills we partake of our breakfast and sing songs on camelback. On our arrival at a good spot we make our camels kneel, and load the panniers, filling the "maktaf" with clay first, lifting it on the knee and emptying it into the panniers. The test for a good 'marrag' is to be able to do the lifting and emptying in a steady way, maintaining a balance in the loads. Then we make our camels rise, and, following them, we go on to the fields. After the first load, we go back for a reload called "dihawiah"—the full beginning of the day (about ten o'clock). Meanwhile, my father prepares grass for the camel, or engages in irrigating the land. After the second load, I take my midday meal at home, and go for a third load of fertilizer, called "asriah" (about three o'clock in the afternoon). If I don't go for the afternoon load, I help my father in distributing fertilizer for some time, then I would take the camel home, laden with grass, at sunset, whereas my father follows me later with the cow.

'Of course my work becomes easier when the fertilizer-fetching season finishes. I then can enjoy my tea in the morning, go to the field at broad daybreak, and attend to the feeding of the cow and the camel, or irrigate the land. In the evenings I am not too tired to have a chat with my friends after the evening meal, or to pay visits to my relatives.'

It is quite obvious from the preceding discussion that the welfare of the family depends largely on the labour potential it has at its disposal, and the harmonious distribution of that labour. One of the main features in the economic activities in the village is that immediately the younger child develops to the stage where he can take over the tasks carried on by an

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older sibling, he is expected to do so, and take his turn. So practically every grown-up member of the family goes through almost the same farming stages and hence there is no specialization in any particular farm task. Friction sometimes occurs between brothers, because of gaps in this process of training, as in the case of a brother who has been working in town at an early age returning to the village to work with his family. He would resent, for instance, fetching the fertilizer from the hill, while his older brother might expect him to take over this task. In the same way, boys who had been sent by their fathers to the Kuttab to memorize the Koran till the age of fourteen or fifteen would find it difficult to adapt themselves to the cycles of agricultural work. In a few cases the performing of the appropriate tasks according to age and ability has led fathers to give each of their married sons a separate piece of land to cultivate for himself, as if they were leasing the land, the father getting one-third of the crop.

In spite of the fact that between the ages of five and twelve there is a certain amount of overlapping in the tasks of both boys and girls in the home, yet the sexual dichotomy in work is definitely established about the age of twelve. Even at an earlier stage, when the girl takes the food to the field or takes a basketful of grass to the sheep, she is only allowed to remain at the edge of it by the canal. If she ever entertains the idea of touching the implements or playing with the water, her father or brothers immediately shout at her 'Leave it! Get off the land or away from the water!' After the age of thirteen, the girls' errands are confined to the neighbourhood and they work more inside the dwelling. They are encouraged to go out for water-fetching only after sunset, when all men have returned home from work. The agricultural road leading from the village to the Nile is monopolized at night, specially on moonlit nights, by adolescent girls and women going to the Nile to fill their water-jars.

In discussing the productive activities in the village, the incentives for work must be mentioned. It is hardly necessary to stress the fact that the drive for food, and for sufficient supply of it, is one of the basic motives for work. With the small landholdings there is hardly any other alternative but to grow crops which yield the major substance of their food consumption, bread, whether wheat, barley or millet, constituting the bulk of food intake in any meal. It is believed that bread made out of home-grown crops is more lasting and sufficing than that made out of seeds bought at the market, as there is more 'baraka'—holiness and sufficiency—in the former kind. Even those few farmers with comparatively large-sized farms who have recently taken up the cultivation of cash crops like cotton and sugar-cane, still reserve the major part of their land for corn. Security of food supply depends on growing seeds as the only way of subsistence. 'From where are you going to eat?' is a question invariably asked by the villagers of any of them who entertains the idea of growing cotton on his small farm.

As it is, the various crops have different security and prestige values

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mitting adultery is motivated by emulation', 'Make your harvest look big, otherwise your enemies will rejoice'.[1]

The pride in the family unity and name is associated with its labour on the land. One can see the effect of the driving motive of emulation in the appearance of the outer sections nearer to the road or to the canal. Special attention is always given to these sections, as they are usually the most elevated and best cultivated sections of the land. The main ideal for which every family strives is to be 'mastourah', which literally means to be covered, or, in other words, to be balanced and publicly approved and not exposed to outside shaming. The special attention given to the outer sections of the field would at least rid the farmer of shame, if the rest of his field were not properly cultivated. Esteem and honour are accorded by the villagers to those who have made a success of their farming, and this is usually mixed up with a feeling of envy. To be an industrious farmer attending to his business is a good qualification for a youth about to get married, while slothfulness militates against his chances. Parents stimulate their sons of marriageable age to work hard as an incentive for their marriage as early as possible.

In a discussion of livelihood in the village, an evaluation of the standard of living is a necessary step for the full appreciation of the villagers' life. It has been made clear by anthropologists that the standard of living is not only a matter of production and consumption, but equally depends on the cultural values that govern these processes. 'In no society do we find people consuming whatever comes to hand or producing the minimum necessary for existence with the least possible effort. Man is a rational being, and hence there are reasons to be discovered for his choice of food and clothing and for the efforts which he makes to produce the objects of his choice.'[2] These cultural premises are implicit in every society, determining, to a great extent, the ways in which individuals handle their 'material culture'.[3]

In the previous pages reference has been made to some of the social incentives for work, but accumulation of wealth has not been included. For contentment with what one possesses, as predestined by God, is the keynote of the villagers' happiness. In some dwellings and guest houses this ideal is written on the wall, 'Contentment is an inexhaustible treasure'. One should not amass wealth, but should spend it in pious acts, otherwise, according to the Koran, as Ali recited, 'With the gold and silver a man accumulates he would be seared on the forehead, on the side, and on the

[1] A popular story is told about a jealous farmer whose neighbour enquired from him about the amount of fertilizer he distributed in every section (hod). He told him that he usually put two basketfuls; and thus the neighbour followed his advice. But later on the latter found that his cultivation was not as good as that of the farmer, and discovered that it was due to the fact that his neighbour used to distribute three baskets, and not two as he had told him.

[2] Margaret Read, *Native Standards of Living and the African Culture Change*, p. 11.

[3] For a quantitative assessment of the standard of living in Silwa, see Appendix III.

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difference between friends'. Moreover, economic pressure can be brought to produce social conformity and curb the heretic. In the case of a shopkeeper whose private life was open to suspicion, he found that his customers had gradually deserted him, and he had to search for work in town. Part of the village efforts to establish a new mill were provoked not only by the raising of the charges by the owners, but also by the fact that one of them had been accused of fomenting intrigues between the villagers. This added fuel to the mill's campaign 'to ruin the house of such a man'.

No study of the fellah's nutrition and its connection with cultural values has been made. The following remarks about diet in Silwa are appropriate; they are, however, inadequate as such a question requires a special enquiry by itself.

The villager has no concept of a balanced diet apart from a filling or a delicious meal. Meals, especially dinners, are often better provided after the reaping of the new harvest when food would be plentiful, and meat could be bought, while gradually the meals become poorer and meat is rarely served. It is said that 'one good meal a year is a support like a stick' in justifying one expensive meal whenever possible. Moreover, bread is always preferred to be hot, 'just coming from the oven', which means an arduous task to the housewives, as the provision of cooked food is an important part of their matrimonial duties. One of my female relatives told me that she knows of two cases where a husband had to divorce his wife because she seldom provided him with freshly-baked bread or hot 'ghamoos'—a cooked vegetable in which he can dip the bread.

The preparation and cooking of a meal is associated largely with certain kinship and neighbourly obligations. Relatives might help each other in picking the odd stones or foreign matter from the seeds before sending them to the mill, help in sieving the flour or in baking. If a woman bakes her bread in a hot oven of a neighbour (a device for saving fuel), she has to offer one of the children a loaf of bread. Neighbours and relatives might borrow loaves of bread from a woman who has just baked. After baking, a woman may send a loaf or loaves of bread to a widowed relative or send a 'dwaga'—bread to be tasted—from the newly-harvested crop.

As a rule, the villagers take three meals a day—breakfast (fatour), lunch (ghada), and an evening meal, at sunset (asha). But farmers occasionally eat between the meals anything available, which they call 'ijalla', i.e. the food that does not precipitate the next meal.

An evening meal, especially a well-prepared one, is certainly the apex of the day's work, the reward and joy for the day's efforts and toil.[1] The gathering round the table—'tablia'—for the evening meal, reflects the family unity, its hierarchy, and its discipline. The father and the children sit on the mat or on the bed round the low table to eat from one dish. If there is meat, it is the father who distributes it, giving each child his or her share, a larger portion to the older boys and less to the younger, and the

[1] For such feeling and attitude towards food, see R. Firth, *We, The Tikopia*, p. 53.

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girls, on the whole, getting less than the boys. Young girls may eat at their father's table, but after the age of twelve, sex dichotomy is established in food, and the female members of the family eat afterwards.

The meal usually starts with the invocation, 'In the name of God, the Beneficent, the Merciful', and ends by every participant's saying 'Praise to God'. The father, as the disciplinarian, watches to see if any child shows signs of greed or wasting food by dropping it, whereupon he has to ask him to control himself, saying, 'Oh boy! Why don't you say in the name of God?' If the child continues to be careless or rude, he might be hit or given less share of the meat or his share might be given to one of his more disciplined brothers. Generally speaking, children are expected to be silent and obedient at meals. A child's complaint about food is not tolerated as such a complaint removes 'baraka'.

The end of more pretentious meals, especially on festival occasions, always witnesses the family's remembrance of its deceased members, when the father asks all the members present to recite the 'Fatiha' from the Koran for the souls of the dead. The eve of the two religious feasts Ramadan and Adha is called Rahamat—mercy, where practically every family prepares a good meal at the end of which they ask God to have mercy on their deceased. On the morning of the feast-days, the women-folk make special wheat bread, which they take to eat or distribute among children or whoever is present at the cemetery, asking them to read the Fatiha for their dead.

Hospitality is shown by offering an excessive amount of food. In case of guests, the table or tray is arranged with loaves of bread all round, no gaps being left. The guests should be made to feel that there is an abundance of food and 'ghamoos', and should be encouraged all the time to eat by saying, 'Go ahead; do your best; try more of this', and so on. The etiquette of hospitality is that while the guest must show a kind of restraint, the host must be always persuading him to carry on. The host must also apologize for not being able to provide the right quantity and quality of food for the occasion, saying, 'May our affection cover up the deficiency in the meal'.

There is no doubt that the partaking of food is one of the main forces bringing about or reinforcing relationship between members of this community and between them and other neighbouring villages. 'There is bread and salt between us' is a strong binding moral force between two people or two families, and to betray bread and salt is almost a sin, which is punishable either in this world or in the next. The commensalism of the clan-meals in the breaking of the daily fast during the whole month of Ramadan, breakfast on the mornings of the two feasts and on funeral days is a reminder of, and contributor to, group solidarity. Boys who carry their fathers' trays of food are usually exchanged, and sent to eat at another man's tray.

At the beginning of the fresh harvest, a special meal is provided by

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ancestry. Marriage outside the stock must be with those who can claim an equally holy descent.

The second important norm that governs the whole social structure is the weight and respect given to, and the authority wielded by, the person who plays the role of the senior, normally chosen on age basis as well as on capacity to speak and argue well, besides other factors such as economic status and social prestige. This pattern which, in the smallest unit, is the authority of the father is extended to the oldest capable member of the extended family, to the head of the clan, and to the village councils that congregate spontaneously, having no formal composition.

The third aspect which asserts itself in the various units of the social structure is the feeling of fellowship. The individual finds himself consciously or unconsciously merged into the group. Starting in this case with the largest unit of G'afra as a whole, one is not surprised to find that no elaborate electioneering campaign is required to persuade the G'afra villages to vote for the candidate who belongs to their stock. In fact, the same candidate for Silwa constituency (including the town of Edfu) has won the last three elections with a sweeping majority, irrespective of the political views of his opponents. Throughout the whole of Silwa region, the opposing candidate had never secured more than a hundred votes out of at least three thousand. The rule is that the people of Silwa should vote for their 'paternal cousin'. Yet in the last elections another candidate from the G'afra, the official holder of the ancestry register and a religious man whose grandfather was the leader in the mystic order of the village, stood for the elections to compete with the previous member [1] The reason for that, I was told, is that they once had a heated argument as to whose father was the more respected and honoured man amongst the G'afra. It was also generally believed that the new candidate was encouraged by the 'Ababda. The G'afra split their votes between the two, neither thereby winning the elections. This is strong evidence that kinship relations, and not party politics, decide the issue of the elections in this community.

On the clan level, the sentiment of fellowship shows itself in all the activities connected with the guest house. Suppose a distinguished guest has come to the guest house, e.g. a well-known religious man, or a man with social prestige from a neighbouring town; it is not only one man who receives him, but as many as possible of the heads of the extended families of the clan; and he might be invited by more than one clan. The money for the slain ram (dabiha) is collected from the heads of the families and called 'firda'-spread. The meal is cooked, each family providing its bread; meat and vegetables are provided from the 'common pot', and then they take their round trays to the guest house. The same happens with tea. Clan fellowship takes place during the night entertainments that are held

[1] In Silwa there is a strong connection between political authority and religious authority. This theme has been brought out clearly in E. Evans-Pritchard, *The Sanusi of Cyrenaica*, O.U.P., 1949.

in the village, while the *Crédit Agricole* takes it at only 150 kg. as in the cities, and advances 130 piastres (1937 prices) on each *ardeb*.

Your cunning merchant proceeds to deposit the wheat, which he pretends to have harvested, in the *shoonas* of the bank. He thus gains 10 piastres and 25 kilogrammes of wheat on each *ardeb* bought, and without assuming any risks himself can confidently expect an additional premium at the time of sale by the *Crédit Agricole*.

There are no walls but only low ridges or channels dividing the fields of Egypt. In the same way there is no sharp division between the various kinds of labour which we have just been analysing. None of these categories is self-sufficient, and each overlaps the next. There are few fellaheen who do not pass from one to another, or belong at the same time to two of them. The very conditions of the fellah's life imply a certain similarity in them all.

(1) *Poverty*. Because he knows nothing of either foresight or economy, and even more because he is weak, isolated and ignorant, the strong and the rich reap the fruits of his labours. The bank or the moneylender, the Government, the *omda*, or the landowner, gathers in most, if not all, of what he has sweated to produce. He himself, to use one of his own sayings, remains "poor as a needle, which clothes others but itself remains unclad".

(2) *Dependence*. The fellah can plant neither what he wishes nor when he wishes. As a day-labourer he works in a gang at a definite task under the strictest supervision. As tenant farmer or share-cropper he plants his crops according to the owner's plan. As landowner he is dependent with regard to dates and choice of crops on the orders of the Ministry of Agriculture. He has no sort of liberty or initiative one way or the other.

(3) *The minimum standard*. However bad his affairs may be, the fellah is at least certain of his daily bread. No-one actually starves to death in the country; for even under the worst conditions of labour the natural resources of the land remain.

(4) *Family Labour*. The help given to the fellah by his family must never be lost sight of. Among the Egyptian peasantry, wife, children, *gamoossa* and donkey make up

the cultivator's 'capital', and constitute the normal rural unit.

The head of the family works full-time on the land. His wife lends a hand at seed-time and harvest, rears poultry at home and makes butter and cheese for sale. His children look after the animals, take them to the fields or to water, gather the dung, watch the *saqia* and collect manure. For five or six weeks a year they work for wages at cotton-picking, or fighting the cotton worm, or in the ginning factory. The *gamoossa* draws the plough, turns the *saqia*, treads out the corn, and produces manure (mud soaked in urine), fuel (dung and straw), and milk. The donkey transports manure, crops, and the fellah himself.

Such a rural unit is sufficient, without any outside help, to cultivate five feddans.

Apart from his daily bread, or subsistence wage in the strictest sense, his year's work brings the fellah in at the most about L.E. 10 in cash. But his assistants are also consumers, and this money, which would otherwise be clear profit, has to be spent on such necessities as the following (pre-war prices are given):

	P.T.
Oil for the kitchen, extra vegetables, occasional meat, sugar, tea	200
Oil or petroleum for the lamp, renewal of household articles such as plates or water-pots or apparatus such as baskets, summer forage for *gamoossa* and donkey	100
A new garment (dress or *gallabiya*) for each member of the family at time of feast	150
Expenses in time of sickness or rejoicing, or for superstitious practices, pilgrimage, or fines ..	50
Unforeseen expenses	500

In the last section, which alone presents any possibility of saving, come expenses such as those for circumcisions, funerals, marriages, or dowries, or sums paid for exemption from military service. There is always one or more of these to pay for, and often enough the budget shows a deficit.

In estimating the income L.E. 10 was given as a maximum. For these expenses L.E. 10 is a minimum. That is

594 From a fortnight after marriage until her first son is five
462 years old, the wife helps her husband in the fields, especially in the cotton season; but, unlike the Alawite peasant women for example, she never tackles heavy work.

462 More often she is busy at home; there is plenty to do,
562 for she mills and bakes, rears and milks the *gamoossa* and the
593 goat, looks after the fowls, prepares manure and fuel, sews, washes, and delouses herself in public.

She is free to come and go within the limits set by village tradition. She is not hidden from the menfolk like townswomen or the women of the middle class. She has to carry breakfast to her husband out in the fields, then return home with the *gamoossa's* dung, and fetch water several times a day. She must go to market to sell eggs, butter and poultry, and to buy oil and other things. Tradition and necessity outweigh the severity of the Koran.

The wife retains ownership of the furniture she brought on her wedding-day, and the money for what she sells. In this way she can save and even lend to her husband, which gives her a certain authority. If he maltreats her, she can go back to her father's house and impose her own conditions before returning — the gift of a dress, or a pair of ear-rings. She is less dependent on her husband than he is on her.

593 A year or two ago, when the men were being levied to
181 meet the flood danger, I heard a woman weeping. "Don't
73 take it so much to heart", I said. "They've taken your
23 husband off, but he'll come back."

"It isn't for my husband I'm crying, but for my lost *gamoossa*. Find me my *gamoossa*."

562 The *fellâha* retains her liberty and authority as long as
577 she is wise enough not to infringe the traditions; for then the man gets the upper hand again. She will die rather than let herself be examined or treated by a doctor. She may go out and gossip with the other women as much as she likes, but woe to her if she is found in the company of a man, or even alone in some unwonted place. If she goes wrong, her husband accuses her to her family. Then her
684 father, brother, or cousin must kill her. Such *crimes d'hon-*
577 *neur*, being commended though not established by Islam, are still frequent and are treated with indulgence by the courts. But the severity of the punishment is out of proportion not only to the crime, but also to the woman's education.